

## Story 5

Jessica isn't sure how to leave her abuser just yet but she is calling us to talk. We discussed her options, and what she needed was just a listening ear. She is intelligent, secure, but in a very bad situation. We gave her reassurance that we are here to assist her in whatever she needs. At the moment, she needed us to talk her through a "Safety Plan" which is when she begins thinking of how she will escape if the situation she is in becomes violent. We also discuss how she should open her very own bank account, for purposes of emergency funds. We also provided her with some counseling and support group meetings. She is separated and doing well now, with a job to support herself, safe on her own and not enduring any abuse anymore.